

Ivins City - CERT Training Course Overview

The Basic CERT Course is delivered in the community by a team of first responders, and other qualified volunteers. The organization and timing of training and meeting varies from program to program.

In Ivins City CERT training classes will consist of **six 2-hour sessions once a week for 6 weeks**. On the seventh week there is a COURSE review of all the material that has been presented. This is followed by a disaster simulation activity to practice your skills and to use your recently acquired knowledge. All-in-all, **it is a seven-week course**. These courses will be taught by first-responders that are CERT certified trainers under the direction of Randy Hancey – SCI Fire Marshal.

Disaster Preparedness: Addresses hazards specific to the community. Materials cover actions that participants and their families take before, during and after a disaster as well as an overview of CERT and local laws governing volunteers.

Fire Suppression: Covers fire chemistry, hazardous materials, fire hazards and fire suppression strategies. However, the thrust of this session is the safe use of fire extinguishers, controlling utilities and extinguishing a small fire.

Medical Operations Part I: Participants practice diagnosing and treating airway obstruction, bleeding and shock by using simple triage and rapid treatment techniques.

Medical Operations Part II: Covers evaluating patients by doing a head to toe assessment, establishing a medical treatment area and performing basic first aid.

Light Search and Rescue Operations: Participants learn about search and rescue planning, size-up, search techniques, rescue techniques and rescuer safety.

Psychology and Team Organization: Covers signs and symptoms that might be experienced by the disaster victim and workers and addresses CERT organization and management.

Course Review and Disaster Simulation: Participants review and practice the skills that they have learned during the previous six sessions in a disaster activity.

During each session participants are required to bring safety equipment (gloves, goggles, mask) and disaster supplies (bandages, flashlight, dressings) which will be used during the session. By doing this for each session, participants are building a disaster response kit of items that they will need during a disaster.

Training Materials

"Introduction to Community Emergency Response Teams," IS-317, is an independent study course that serves as an introduction to CERT for those wanting to complete training or as a refresher for current team members. It takes between **six and eight hours** to complete the course. Those who successfully finish it will receive a certificate of completion. It has six modules with topics that include:

- 1. Introduction to CERT**
- 2. Fire Safety**
- 3. Hazardous Material and Terrorist Incidents**
- 4. Disaster Medical Operations**
- 5. Search**
- 6. Rescue**

IS-317 can be taken by anyone interested in CERT. However, to become a CERT volunteer, one must complete the classroom training offered by a local government agency – Ivins City.