Ivins City News

VOLUME 9, ISSUE 11

November 2011

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Meeting Schedule
5:30 PM

City Council
November 3rd
November 17th
Planning Commission
November 1st
November 15th
November 29th

Post Office

Main Branch/New Service
Santa Clara: 628-2112
Satellite Post Office
Ivins: 628-1381

Website: www.ivins.com

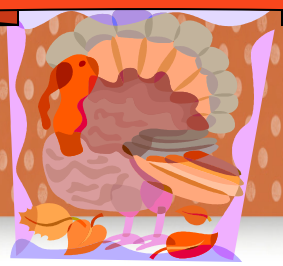
Utility Payment Drop Box

Ivins City Office
(*north side of building*)
Ivins Satellite Post Office

Phone Numbers:

City Hall	*628-0606*
Animal Services	*628-1049*
Building/Zoning	*634-9753*
Justice Court	*634-5728*
Parks & Rec	*634-0689*
Police Dispatch	*634-5730*
Public Safety	*674-5503*
Public Works	*634-0689*
Utilities	*628-0606*
Emergencies	*911*

Happy Thanksgiving



Message From The Mayor

Chris Hart, Mayor

I want to thank all of you who worked on several projects benefiting the City during the recent day of community service. I saw groups planting trees along the new streets in the historic township and am aware of others that addressed a variety of needs throughout the City. It was a great show of support for the community by young and old alike and I hope all who participated feel a sense of satisfaction for the contribution you have made.

Speaking of community service I'd also like to thank the thirteen residents who declared their candidacies for the three soon to be vacated City Council positions. No other City in Washington County saw that level of interest. The desire to serve in that capacity is a significant expression of commitment to our City and its future. The primary elections in September narrowed the field to six candidates whose names will appear on the November ballot. Candidate forums sponsored by The Spectrum and by the residents of Kayenta allowed each to express his or her views and to respond to questions. I hope many of you were able to attend. In any case I urge you to find out what you can about the candidates and cast an informed vote a few days from now.

I was invited to attend the recent ribbon cutting for a new gymnasium in the Shivwitz community just west of Ivins. Several of the Band leaders spoke reciting the history of the seven year effort to acquire the facility, recounting colorful basketball stories from their earlier days and expressing their appreciation to all who had helped make the building possible. Princesses from several regional Bands introduced themselves and then with a wheel chair bound tribal elder lead a "march of all nations" into the new gym. The program concluded with the princesses performing a traditional dance accompanied by an awesome drum circle. The celebration then continued outside with horseshoe pitching, volleyball, an inflatable slide for the kids and good food for everyone. We congratulate the Band knowing that their new gymnasium will be a terrific place for them to have fun and get a little exercise.

Our Heritage Arts and Crafts Festival held in conjunction with Heritage Days and once again featured the Shivwitz Band of Paiutes. They prepared several displays showing everything from Native American art and bead work to traditional weaponry. They sold Paiute tacos and fry bread to hungry visitors as well. It's certainly fitting that they would be included in our Heritage Days activities. As a people they have a fascinating centuries old history in this area and we're proud to count them as friends and neighbors.

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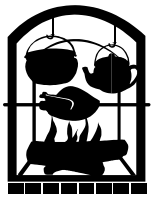
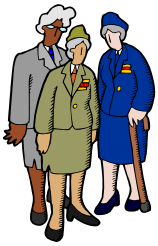
Two days previous our traditional "Evening in the Park" was held in the church cultural hall next door due to rain and the Public Safety open house took place in the fire station as usual. About three hundred hearty souls braved the weather for a hot dog & chili dinner and a musical trip through the history of Ivins and then went next door to check out the fire engines.

We used the occasion to have our formal ribbon cutting for the historic township road improvement project. McKenzie Hansen who as a concerned mother appealed to the City Council to get the job done cut the ribbon with representatives from Desert Hills Construction and City Staff assisting. With the project complete letters will now be sent to residents of the township area impacted by the SAA explaining final assessments and payment options, information on how to acquire abandoned City right-of-way and an application to participate in the Good Samaritan Fund if the need exists. The Good Samaritan Fund has grown slowly and steadily but more help is needed. If you are able I invite you to commit to a modest amount to add to your monthly City utility payment to help those in the township area who will struggle with the added financial burden. I thank you in advance for your generosity.

The St. George Wagon Train made its final overnight stop in Ivins before parading through Santa Clara and completing its journey in St. George. The circle of covered wagons poised against the backdrop of our red mountain was a remarkable sight. I'm grateful to the Ivins LDS Stake for arranging to feed dinner to the company of three hundred and I particularly want to thank Dave Terry, his family and helpers for preparing and serving a wonderful meal on behalf of the City. The menu consisted of dutch oven beans, meat & potatoes, rolls and ice cream for dessert. It looked delicious. One weary traveler said he went back for a third helping. Dave and his crew started preparing food at eleven o'clock in the morning and finished packing up around ten thirty that evening. What an effort! Job well done!



Afterward we treated them to a condensed version of "Tony Ivins, He No Cheat", an original musical written by Noni Sorensen and featuring Robert & Peggy Proffit with Don Martindale as narrator. It sketched the life of our namesake Anthony W. Ivins in story and song and the wagon company thoroughly enjoyed it. Mayor Rick Rosenberg from Santa Clara, Mayor Dan McArthur from St. George and I all spoke briefly about the history of our cities and we sang a couple of songs together. It was a delightful evening. I want to thank Linda Elwell, our Festival Committee Chair for her hard work organizing the Heritage Days events and St. George Wagon Train reception.



Finally, here's an update on the Veterans Nursing Home. Three groups of contractors and architects were selected to present final designs and costs next March at which time the contract will be awarded. Construction is slated to begin in April. I had high hopes for a local team who put together an outstanding presentation but they were sadly not included as finalists. I will continue to lobby however for the use of our local construction labor force as will the area veterans groups. And FYI, the ground breaking ceremony anticipated for 11/11/11 at 11:00 am has been postponed until December at the earliest.

This potpourri of paragraphs has one connecting thread, gratitude. We who live here in Ivins have much to be thankful for. This is a very special place to live and I so appreciate all you do to make it that way. With the season of Thanksgiving upon us I wish you all a happy holiday and may the bounties of life be yours.

Sand Hollow Aquatic Center

Ivins City has an interlocal agreement with the City of St. George that allows Ivins residents to use the Sand Hollow Aquatic Center for the resident rate. This is a great facility that offers year round water fun and fitness. There is a leisure pool for fun and a lap pool for fitness, they offer swimming lessons and a variety of special events throughout the year. Sand Hollow Aquatic Center is a wonderful facility and we encourage you to take advantage of the opportunity.

E-Bill, Direct Pay & News

Sign up for E-bill and receive your newsletter and utility bill electronically. You can also sign up for Direct Pay and Ivins City will automatically debit your account on the 19th of each month—never worry about writing a check or sending in payment before the due date again. Visit our website at www.ivins.com for more information or call our office at (435) 628-0606.

Upcoming Dumpster Dates:

Saturday, November 19th, 2011

****Dumpsters are located next to the Public Works Yard behind the City Cemetery. They are available on a first come first serve basis beginning at 8:00am and close that same day once full.**

Burn Season Open

Chief Kevin Gildea, Ivins Public Safety Dept.

The fall burn window will be open from October 15 through November 15, 2011. Burn windows are specific periods identified by State and Federal regulations where the burning of weeds and other agricultural debris is allowed. Burn windows are established to address fire safety and environmental concerns and correspond with normal yearly weather patterns. With the opening of the fall burn season, you are welcome to use burning as a means of facilitating the cleanup of your properties. In order to burn within the city you need to obtain a burn permit. Permits are no cost and can be obtained over the Internet. To obtain a burn permit go to www.sgcity.org/police and click on the County Burn Permit icon on the right side of the page, fill out the on-line permit and follow the instructions. If you do not have access to the Internet, contact the Dispatch center by phone at 435-627-4949 and ask to obtain a burn permit. You must obtain the permit the day you intend to burn and it is good for that day only. It is important to remember that even with a burn permit you are responsible for any damage which results from your actions. To help you keep your burn activities under control and safe you should follow these guidelines:

- Burn in small piles about the size of a wheelbarrow. This will produce less smoke and flame and will be easier for you to control.
- Stay with your fire. Quick action can prevent fire spread. You can't act quickly if you are not there.
- Have a water source available. Water is our most readily available extinguishing agent. Have a hose nearby and charged with water.
- Don't burn near buildings, flammable fencing, power poles, vehicles, or other flammable objects.
- Don't burn when it is windy. Extinguish your fire if the wind increases. Wind usually increases and changes direction before thunder storms and ahead of cold fronts. Wind drastically affects the direction of travel and intensity of fire.
- Be sure your burn is extinguished before dark. Burning is only allowed during daylight hours. Fire appears more intense and nearer in the dark.
- Make sure your fire is completely extinguished before you leave it. Check it to insure that there are no remaining hotspots.
- Make sure that the weeds and clippings you are burning are dry and will burn readily. It is unlawful to create a nuisance by generating excess smoke while burning.

Keep in mind that the burn regulations allow for the burning of weeds, tree and bush limbs, leaves and other agricultural debris. They do not allow you to burn trash, garbage, or construction debris.

We thank you for your efforts in keeping our city safe How you handle a controlled burn can have a marked effect on the safety of your neighborhood. Please follow the guidelines listed above and have a safe burn season.

Hike For Hounds

INKAS & Red Mountain Resort

Join Red Mountain Resort and INKAS |Ivins No Kill Animal Supporters, on Saturday November 12 from 10am-2pm, for the Inaugural Hike for Hounds. Bring your favorite pooch and $15 per human to join our hike. You'll get a t-shirt and a picnic lunch. You'll start at Red Mountain's Inspiration Trail, and end up back at the resort, where we'll have a picnic lunch, pet massage, and animal care and education booths. Bring your lawn chairs, picnic blankets and some extra cash for our Silent Auction, which includes spa giveaways, art and lots of great goodies, just in time for holiday giving. Sign up in advance by calling the Red Mountain Adventure Concierge at 652-5712 or email adventureconcierge@redmtn.com.

Girl Scouts

Dawn Miner, Girl Scouts of Utah

For one hundred years Girl Scouts has given every girl access to life-changing experiences that inspire her to do great things. Girl Scouting has developed girls with confidence, leadership skills and moral courage. Two thirds of the women who are today's leaders in government, business, education, medicine and science were once Girl Scouts.

Please join us on Wednesday November 9th at 7:00 p.m. in the UNITY Park Recreation building in Ivins to find out more about this great movement and how you can participate in it. We invite you to visit us at www.gsutah.org or call Dawn Miner at 435-703-5344 for further information.

Smoke Detectors

Ivins Public Safety Department

Smoke detectors save lives, but they only save lives if they are kept in working condition. To keep your detectors working your fire department recommends the following:

Test them. Manufacturers recommend that smoke detectors be tested on a monthly basis to insure they are working. On the face of the detector there is a test button. To test your detectors press and hold the button until the detector sounds an alarm. If your detectors are interconnected they should all sound together when one is activated.

Change your batteries. Most detectors today are equipped with a 9-volt battery. Even if your detectors are connected to a 120 volt electrical circuit in your home, they likely have a battery as a back-up source of power in case your electricity goes off. Your smoke detector batteries should be replaced at least once a year. Smoke detectors are generally located near or on the ceiling which makes them difficult to reach. If you need help to change the batteries please contact the Ivins City Fire Department to help. They can be reached at (435) 674-1083. You must supply the batteries.

Clean Them. Detectors can accumulate dust in them which sometimes results in them going off when no fire is present. It is a good idea to clean them at least once a year or after you have remodeled or done anything which generates a lot of dust. You can use a can of dry compressed air to remove dust to keep them working properly.

Replace them. Smoke detectors last from 8 to 10 years. Some may last longer but it is a good rule of thumb to change them every 10 years or anytime they don't function properly. Something to consider is purchasing "Ultralife" smoke alarm lithium battery that is good for ten years and specifically for smoke detectors.

Weeds are Almost Gone

Sgt. Tracy Marrott, Ivins Public Safety

A big thanks to all of you who have responded to calls and letters to help keep the weeds in undeveloped areas and unoccupied homes from becoming a giant problem this year. Also, big thumbs up to those of you who have just kept your property looking great. This helps keep our city one of the nicest places in the county.

I realize we still have some areas that have problems or are being re-infested. If you are concerned about an area has been missed please give us a call 674-5503.

"Celebrating Our Heritage"

Ivins Heritage Days

Linda Elwell, Chair Festival Committee

On behalf of the Committee I would like to thank everyone who helped make Ivins Heritage Days a big success. The weather didn't dampen the spirit of our celebration. and a good time was had by all. Heritage Days has become a special part of our community and the Committee appreciated the support from residents and staff.

A very special thank you goes to the Ivins Stake for all of the assistance in preparing for the St. George Wagon Company. Dave Terry and his helpers did an excellent job preparing all of the food to feed the Company. The entertainment that evening was enjoyed by all. We extend a special thanks to Nonie Sorensen, Robert & Peggy Proffit and Don Martindale for performing "Tony Ivins, He No Cheat" in our makeshift open air theatre created in the field. The pioneer spirit was certainly experienced that evening.

ELECTION INFO

November 8

2011 Municipal Voting Information:

The General Election will be held on Tuesday, Nov. 8, 2011. Polls will be open from 7am-8pm. Precincts 76 and 77 will vote at Ivins City Hall and Precincts 78 and 79 will vote at Red Mountain Elementary. To determine which precinct you are in, please go to Ivins website under the Voter Information and click on the precinct maps. You may also contact the County Clerk at 435-634-5712.

The early voting schedule is as follows and will be held at Ivins City Hall for early voting only:

General Election Early Voting at City Hall 55 N. Main St.:
10/25, 10/26, 10/27 & 10/28 8am-12pm
11/01, 11/02, 11/03 & 11/04 1pm-5pm

November Agenda Items

Judy Gubler, City Manager

The following are some of the topics that will be discussed at the November Planning Commission and City Council meetings. This is not a complete list and the complete agendas will be posted on the website www.ivins.com 5 to 7 days prior to the meetings. Agendas may be amended up to 24 hours prior to a meeting. If you have questions regarding any of the agenda items please call or e-mail Kevin Rudd at 634-9753 or krudd@ivins.com for Planning Commission questions and Kari Jimenez at 628-0606 or kjimenez@ivins.com for City Council questions.

Planning Commission November 1, 2011

- Final Plat – Suncrest West Phase 4
- Presentation and report from Sensitive Lands Committee
- Zoning Ordinance Revisions, Chapter 19, Site Plan and Building Design Requirements

Planning Commission November 15, 2011

- Zoning Ordinance Revisions, Chapter 19, Site Plan and Building Design Requirements

Planning Commission November 29, 2011

- Zoning Ordinance Revisions, Chapter 19, Site Plan and Building Design Requirements

City Council November 3, 2011

- Public Hearing on the proposed amendment to the Ivins Transportation Master Plan of the General Plan
- Discussion regarding alternatives for power
- Resolution amending the Consolidated Fee Schedule to include ambulance fees
- Annual Audit Presentation
- Approval of Final Assessment list for Special Assessment Area
- Approval of Interlocal Agreement for cost and use of Spillman software and hardware

City Council November 17

- Discussion regarding Cable Franchise Agreement between Ivins City, Utah and BAJA Broadband Operating Company, LLC
- Ordinance adopting the City Council meeting schedule for the calendar year of 2012

The Pet Corner

Greeting from the Ivins Animal Shelter

Aggie Smith, Ivins Animal Shelter

Benefits of Having Your Pet Spayed or Neutered

Having your pet spayed or neutered is healthy for animals and their owners. Having your pet neutered can help your pet live longer and healthier life. Spaying your pet will eliminate the nervous pacing of a female cat. Spaying a female dog will eliminate the untidiness associated with your pet in heat. If you have more than one dog they will also get along better.

Long term benefits of spaying and neutering includes improved health for both cats and dogs. Having a female pet spayed prior to their first heat nearly eliminates the risk of cancer in both dogs and cats.

Parents will often say they want their children to witness the miracles of birth, please buy them a DVD instead. This will save animals lives. The cost of feeding puppies and kittens and vet bills soon makes that idea costly for all parties involved. A more important lesson to teach your children would be a responsible pet ownership and concern for life by explaining why dogs and cats should not have babies.

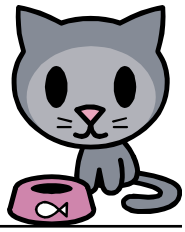
Spaying and neutering does not affect the personality of dogs or cats. In fact, they tend to be less aggressive and not distracted by the instinctual need to roam so they can mate.

Ivins Animal Shelter offers affordable clinics for you to spay and neuter your pets. Contact the Shelter and ask about our low cost or no cost programs. The clinics offered at the Ivins Animal Shelter are sponsored by No More Homeless Pets of Utah. Other pet organizations in Utah include; PAWS origination in St. George at 435-688-9748 and Best Friends Animal Sanctuary at 435-644-2001. There is a voucher program available for The Big Fix. Visit www.NoMoreHomelessPets.org for more information.

Greetings from Friends of Ivins Animal Shelter

Linda Elwell, Friends of Ivins Animal Shelter

The November "Wish for the Month" is for adoptive families, foster families, litter, canned cat/dog food and dry cat/dog food. Our list is expanding as the economic times seem to be worse for our residents. Pets are being abandoned or just turned out into the street. Please remember these three very important words; "Adopt", "Foster" or "Sponsor". If you have questions about the foster program please call Aggie at 435-628-1049 or FIAS at 435-673-1718. For questions about sponsoring an individual pet please call FIAS at 435-673-1718.



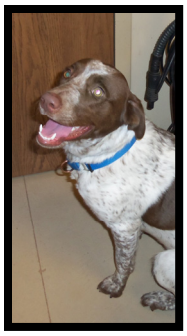
We encourage you to go online to Petfinder.com and review all of the wonderful homeless pets in the Ivins Animal Shelter & Adoption Center. There are many ways you can help the animals. Please give FIAS a call to volunteer your much needed services.

Our Ivins Heritage Days Adoption Event for the month of October was very successful. We are preparing for "A Forever Home for Christmas" Adoption Event beginning November 25th and ending on Christmas Eve. Adoption fees will be half price for cats and dogs during the event. There will be free gifts for adoptive families, free goodie bags for pets to take to their new "Forever Home" and more. Please watch your December newsletter for a calendar of events at the shelter or call FIAS at 435-673-1718.

Pets of the Month

Rosie is My Name

I am very sad to be at the Ivins Animal Shelter & Adoption Center. I was found on 400 East in Ivins on approximately October 9th. My name is Rosie and I am a pretty girl. Please call Aggie at 435-628-1049 or Friends of Ivins Animal Shelter at 435-673-1718 to make an appointment to meet me and my new friends. I hope you come soon to meet me because I know you will want to take me home with you!



Breed: German Shorthaired Pointer Mix
Age: Adult
Gender: Female
Size: Large
Spayed & Current on Vaccinations

My Name is Caesar

I am a very handsome boy. Loving is my middle name. I know if you come to meet me I will be your new "BFF"! Please call Aggie at 435-628-1049 or FIAS at 435-673-1718 to make an appointment to meet me and all of my buddies at the shelter. We are waiting for ***YOU*** to rescue us.

Breed: Domestic Medium Hair
Color: Gray & White
Age: Young
Gender: Male
Size: Large
Neutered & Current on Vaccinations

Visit us at www.ivins.com

* View Public Notices and Meeting Agendas
*Pay Your Utility Bill Online
* Register for Recreation Activities
*Download Forms
*Find Out About Upcoming Events, Activities and more!

Washington County Residents Toilet Rebate Program

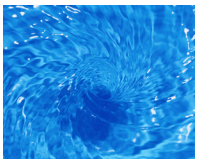
Julie Breckenridge, WCWCD

Toilets are by far the main source of water use in the home. In Utah,it accounts for nearly 30 percent of an average home's indoor water consumption. Older, inefficient toilets also happen to be a major source of wasted water in many homes. Replacing these toilets with WaterSense labeled toilets could save nearly 11 gallons per toilet in your home every day! By retrofitting your entire bathroom with WaterSense labeled fixtures, you can save even more.

What are WaterSense Labeled Toilets?
Recent advancements have allowed toilets to use 20 percent less water than the current federal standard, while still providing equal or superior performance. The WaterSense label is used on toilets that are certified by independent laboratory testing to meet rigorous criteria for both performance and efficiency. Only toilets that complete the third-party certification process can earn the WaterSense label.

How Much Can WaterSense Labeled Toilets Save?
Over the course of your lifetime, you will likely flush the toilet nearly 140,000 times. If you replace older, existing toilets with WaterSense Labeled models, you can save 4,000 gallons per year with the simpler, greener choice.

About the Price?



WaterSense Labeled toilets are available at a wide variety of price points and a broad range of styles. EPA estimates that a family of four that replaces its home's older toilets with WaterSense labeled models will, on average, save more than $90 per year in reduced water utility bills, and $2,000 over the lifetime of the toilets.

And Performance?
Unlike some first-generation, "lowflow" toilets, WaterSense labeled toilets combine high efficiency with high performance. Design advances enable WaterSense labeled toilets to save water with no trade-off in flushing power. In Fact, many perform better than standard toilets in consumer testing.

The Rebate

This rebate program is offered to help single family residential customers replace older (prior to the year 2000) water wasting toilets with water efficient models approved through the EPA's WaterSense program. Rebates are $75 per toilet with a maximum of 2 rebates per household.

(Cont. on next page)

Program Highlights:

- Program is offered to any public water utility customers in Washington County. PLEASE NOTE: This rebate cannot be combined with the toilet rebate offered by City of St. George.
- Purchase and install a WaterSense Labeled Toilet for an existing home from October 1, 2011 to September 30, 2012. (Maximum 2 rebates per household)
- Carefully follow instructions on application.

Applications can be found:
Online at: www.wcwcd.org or at:533 E Waterworks Drive, Or request one by calling (435) 673-3617. For more information and rebate application log onto: www.wcwcd.org.
This program is also open to multifamily customers, these customers must be pre-approved. Commercial customers interested in replacing older high flow urinals may also apply for a rebate. These customers must be pre-approved.

PLEASE NOTE: This rebate cannot be combined with the toilet rebate offered by City of St. George. A list of qualifying fixtures can be found at: http://www.epa.gov/WaterSense/products/toilets.html http://www.epa.gov/WaterSense/ products/urinals.html

Ivins City Parks & Recreation

Benny Sorensen, Parks & Recreation Director

We have just completed another season of activities such as baseball, flag football, Pioneer Day and Heritage Days and I wanted to take this opportunity to thank everyone who volunteered their time to coach, to help with the parade or to assist with the organization of these events in any way. We thank you for volunteering your valuable time to help make Ivins a better place to live, we could not do many of the programs and activities we do without you!

Thanks to Golden Corral for their support of Ivins Parks & Recreation programs

Ivins Soccer

Soccer season is coming up soon! Look for online registration to start in December. For more information, please go to http://www.ivinssoccer.com, or call Kasey or Kristen at 673-2372.

Dance & Musical Theater Classes

We are offering Dance and Musical Theater Classes for Children and Teens. Classes are ongoing with new sessions beginning every four or six weeks. Classes include Tap Dancing and Ballet & Jazz Technique for ages two all the way up to twelve. Teen classes are also available. Classes are taught by Teresa Hill-Putnam who shares her talents with the community by offering high quality Dance, Tumbling, and Musical Theater classes. For more information contact Ivins Parks & Recreation at 634-0689 or Ms. Teresa at 628-8550.

Acro Gymnastics/Tumbling Classes

These classes are designed to help develop flexibility, balance, coordination, muscle strength, and tumbling skills. The classes are divided into ability levels in order to give the students a more individualized program. Each one-hour class (45 minutes for the 2 to 5 age group) consists of skill training and choreography time to utilize the skills being taught. Classes are ongoing with a new session beginning every five or six weeks.

Day & Time	Class	Ages	Tuition
Wednesdays 10:00-10:45 a.m.	**Ballet**	2-5	$27 (4wks)
Wednesdays 10:45-11:30 a.m.	**Tumbling**	2-5	$27 (4wks)

2012 Youth Basketball Registration

1st & 2nd Grade Division (co-ed) Thursday Evenings
3rd & 4th Grade Division (co-ed) Tuesday Evenings
(if we have enough players we would like to separate 3rd and 4th grades)
5th & 6th Grade Division (co-ed) Wednesday evenings

Registration begins – October 10
Registration ends – November 18

Games are held weekday evenings at Lava Ridge Intermediate School or possibly Red Mountain Elementary.
Registration Fee - $25.00

Our 1st & 2nd and 3rd & 4th grade divisions are very recreational and instructional, where volunteer coaches play a big part in teaching players basic basketball skills, teamwork, sportsmanship and how to have fun playing basketball! Our 5th & 6th Grade division is a bit different from our younger divisions; we will draft all players onto teams to keep teams evenly matched. The draft practice is currently scheduled for Wednesday, December 7 at 5:30 p.m. at Lava Ridge.

Volunteer Coaches Needed! We would like to have all coaches selected before November 1 so we can get everything ready for the league to start. If you would like to help coach, please let us know when you register your child.

We will only be able to take the number of players that we have coaches for. If we have more players than we have coaches for, we will issue refunds to those we do not have coaches for.

Registration is taken on a first come-first serve basis! Space is limited; we only have spaces for 8 players per team and only 8 teams per division.

Sign up at the Ivins City office! (55 North Main)
For more information call the Parks & Recreation Department 634-0689.

Run Run Reindeer

10K, 5K and 1 Mile Fun Run
Saturday, December 3, 2011
9:00 a.m. at Ivins City Park

This is a Fun Run that will help you keep fit and provide an opportunity to help Toys for Tots, Ivins City and Red Mountain Running collect toys for deserving families this Christmas.
The first 300 runners will receive a pair of Rudolph antlers that they will be encouraged to wear on race day. Runners of the one mile fun run will have the chance to race Santa to the finish line and receive a prize if they beat him.

Entry fee for the 1 mile, 10K and 5K includes a cotton t-shirt, post race hot chocolate and donuts.
First and Second place winners in the 10K and 5K will receive a new pair of running shoes as awards.
Online registration closes at midnight on December 1, 2011.
Mail-in registrations must be postmarked by November 26, 2011.
Registration Fees: includes a t-shirt, hot chocolate and donuts.
10K $20 – with toy donation of one new, unwrapped toy
5K $15 – with toy donation of one new, unwrapped toy
1-Mile $10 – with toy donation of one new, unwrapped toy
Race information and registration can be done at:
www.redmountainrunning.com

Yoga

Tuesday 8:00 to 9:00 a.m. is Gentle Yoga
Tuesday 9:15 to 10:25 a.m. is Power Flow Yoga
Wednesday 5:30 to 6:30 p.m. is Gentle Yoga

Single class fee - $6.00, 4 classes - $23.00, 8 classes - $40.00
Taught by Kim Nally
Power Flow Vinyasa - This is a class suited for those who have had some yoga experience and familiarity with a variety of yoga postures. Classes may include arm balances. Kim also teaches and directs proper yogic breathing and some beginning meditation.
Gentle Yoga - This class is well-suited for beginners, and/or anyone desiring gentle and restorative yoga. You don't need to be "flexible" to take this class, as you practice, your body and mind will become more flexible and strong! This is a gentle-paced class which includes forward bends to calm the nervous system, standing postures, simple balance postures, seated postures, hip-openers, restorative postures, twists, and more. With practice comes more flexibility, strength, sense of inner peace and calm, better sleep, more focus, and much more. Come join us, and learn what yoga can do for you!

Ever thought about teaching a class?

If you have a talent or skill that you would like to teach to others or just an idea for a class you would like to teach, please contact the Parks & Recreation Department and we will see if we can help make it happen! Who knows? You may have a talent or skill that others would like to learn.

Personal Training by Katey Fielding

Katey Fielding is a Certified Personal Trainer with four years of experience helping people keep themselves fit. She takes you through a variety of fun and exciting exercises. She uses balance, core strength, weights and cardio to create the perfect workout for your lifestyle and goals. No matter what age you are or what goals you have, she will design an exercise routine just for you. Come as an individual or with a group of friends and learn to push yourself to new heights.
One hour sessions are currently available; Email Katey to find a time that works for you.
$25 per hour per person or $20 per hour if you bring a friend
Minimum Class size – 1 Maximum Class size – 6
All classes are taught at the Recreation Building in UNITY Park.
For more information you can email Katey Fielding at
kateyfielding@gmail.com

Community Education Programs in Ivins

- ◊ Time 4 Tots: held Tuesdays & Thursdays from 9-11:30am at Unity Park. For children 3-5 yrs old. ($30/mo)
- ◊ Kreative Kids: held afterschool on Fridays at Red Mountain Elementary. ($1.50/craft)
- ◊ Airplanes & Chu Chu Trains 11/4
- ◊ Thankful Turkey 11/11
- ◊ Cards & Christmas Door Bells 12/2
- ◊ Claypot Christmas Tree 12/9

Here's a list of some of our other upcoming Community Events...

Gardening All about Herbs (2 sessions): held Friday, November 18, from 12-1pm at the Red Hills Wellness Center for all ages. ($5)

Business of Arts Expo (Free) held Friday and Saturday, November 11-12 from approximately 9-4pm at Kanab Middle School. Transportation is available ($15/person), but you'll have to find overnight accommodation. For artists of all genres. This year's guest speaker is from Pixar Animation!!

Santa Breakfast held Saturday, December 3 from 9-11:15am at the St. George Social Hall for children & adults of all ages. Have breakfast with Santa!! ($5.00)

Annual Ski & Snowboard Trip held Saturdays, December 3-17, from approximately 7:30-6pm at Brian Head. For children & teens. ($195.00 includes transportation).